

GOOGLE FIT → HEALTH CONNECT

ACC WELL UPDATE INSTRUCTIONS FOR MOBILE APP USERS



If you are a ACC Well user who automatically tracks activities on your Android device via the Personify Health mobile app, you are likely using the Google Fit app to sync your activity. In February 2025, Google Fit will no longer be supported by Personify Health due the app being retired later this year. Google Fit will be replaced with Health Connect, which will allow you to continue to sync stats to earn rewards in the ACC Well. You must download the Health Connect app on your mobile device first in order to avoid disruption of your activities being synced to the ACC Well.

Please follow the instructions below for a smooth transition:

FIRST

Download the **Health Connect** app in the Google Play Store. *Health Connect logo:*



NEXT

Set up Health Connect to replace Google Fit:

1. Open the **Google Fit** app
2. Open **Profile**, and turn on **Sync Fit with Health Connect**.
3. **Open More > Devices & Apps > Health Connect**.
4. Tap **Connect**.
5. Choose which stats (exercise, sleep, nutrition, steps, etc.) to sync to Personify Health & tap **Allow**.
6. Health Connect is now connected to Personify Health (the ACC Well)!

LAST

Sync your stats from Health Connect to **Personify Health** (the ACC Well):

1. In the **Personify Health** app, stats will automatically sync every time you open the app on your device or perform hard reload (swipe down/pull to refresh) from the mobile app homepage
2. Open **Health Connect > Connection** details and click **Sync Stats**.
3. Health Connect stats are synced to Personify Health (the ACC Well)!