

TIPS FOR A GREENER LIFESTYLE!

How can we live sustainably?

IN THIS SERIES WE EXPLORE HOW WE CAN BE SUSTAINABLE TOGETHER,
RIGHT HERE IN ATHENS-CLARKE COUNTY!



THIS MONTH'S TOPIC:

NEED A NEW YEAR'S RESOLUTION?

HANNAH CHAFFEE

Why not start the new year out right with a sustainability themed resolution? Start small and pick something that excites you. And if you need some inspiration, check out some of the ones we came up with below:

Do a 'No-Buy Month'

Try not buying anything unnecessary for a month. This could mean no unnecessary online shopping or take-out. Maybe you decide that you can still spend money on used items or experiences. Whatever you chose, try to cut out something specific and small to help build a long term habit.



Set a goal to use less energy!

Help the planet ...and your wallet! Track your process with your energy provider. Check out energy saving tips [here](#).



Do you have a resolution to read more? Or start working out?

Why not build on that by reading a sustainability book or listening to a sustainability audiobook or podcast while you workout. Two resolutions at once? Wow, you're a self-improvement rockstar!



Recycle, Reuse and Repair with ACC!

Make a goal to visit [CHaRM](#) to recycle items that can't be processed through standard recycling, attend a Creative Reuse Open House with the [Teacher Reuse Store](#) to find second hand supplies for your next craft or attend an event with the [ACC Repair Cafe](#) to learn how to fix that broken item you've put off for six months.

