

# TIPS FOR A GREENER LIFESTYLE!

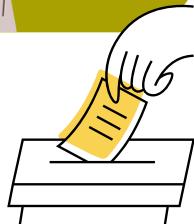
## *How can we live sustainably?*

IN THIS SERIES WE EXPLORE HOW WE CAN BE SUSTAINABLE TOGETHER, RIGHT HERE IN ATHENS-CLARKE COUNTY!



THIS MONTH'S TOPIC:

## SUMMER ENERGY SAVINGS



HANNAH CHAFFEE

School may be out but summer is in! Whether you're headed on a lavish tropical vacation or simply trying to beat the heat in town, we've got a couple tips and tricks to help keep your energy bill low —even in rising temperatures!

### SAVE MONEY ...AND ENERGY

- It is generally recommended to **keep the thermostat set to 78 degrees in the summer** for optimal energy savings ([Georgia Power](#)).
- We've said it before, and we'll say it again: **turn on your fans!** Fans can make your space feel 5 degrees cooler improving your comfort without having to turn down the AC ([Georgia Power](#)).
- And remember to **close your blinds or curtains during the day** to block sunlight from adding extra heat to a room.
- **Bump up your AC when heading into work or going on vacation!** The US Department of Energy reports households can expect to save ~10% of energy costs by bumping up the temperature by 7-10 degrees for the work day. Note: It is generally not recommended to simply turn off your AC as it takes more energy to cool down a very hot house vs keeping a unit at a specific temperature. Also, remember to be mindful of the comfort of pets (or plants!) along with the temperature range any medication should be stored at. ([US Department of Energy](#))

