

Cigna Dental Oral Health Integration Program®



Condition	Connection to Oral Health	What You Get In Addition to Your Dental Plan	Eligible Procedures	Why Oral Care is Important in Treating Your Condition
Heart Disease	•Periodontal (Gum) Disease •Inflammation	Periodontal (Gum) Treatment * Periodontal (Gum) Maintenance (2 additional)	D4341, D4342, D4910	Bacteria from plaque can enter your bloodstream and can block blood vessels leading to the heart. Inflammation raises blood pressure, affecting the flow of blood.
Stroke	•Periodontal (Gum) Disease •Inflammation	Periodontal (Gum) Treatment * Periodontal (Gum) Maintenance (2 additional)	D4341, D4342, D4910	Bacteria from plaque can enter your bloodstream, cut off blood supply to the brain, and cause a stroke.
Diabetes	•Periodontal (Gum) Disease •Inflammation •Thrush •Dry Mouth	Periodontal (Gum) Treatment * Periodontal (Gum) Maintenance (2 additional)	D4341, D4342, D4910	Increased likelihood of periodontal (gum) disease, thrush and dry mouth due to increased sugar (glucose) levels. Dry mouth can cause soreness, ulcers and infections.
Pregnancy	•Periodontal (Gum) Disease •Tooth Decay/Cavities	Periodontal (Gum) Treatment * Periodontal (Gum) Maintenance (2 additional), Oral Evaluation (1 additional), Periodontal Evaluation (1 free, included in most plans already), Cleaning (1 additional), Full Mouth Scaling in Presence of Inflammation (1 additional), Palliative Treatment of Dental Pain (unlimited)	D4341, D4342, D4910, D0180, D0120, D0140, D0150, D1110, D4346, D9110	Changing hormones put pregnant women at risk for gum disease, cavities and oral issues passed down to the child if left untreated. Advancing gum disease can cause poor pregnancy outcomes, including preterm birth and low birth weight.
Chronic Kidney Disease	•Periodontal (Gum) Disease •Inflammation	Periodontal (Gum) Treatment * Periodontal (Gum) Maintenance (2 additional), Topical application of fluoride varnish,** Sealants & Sealant repair,*** Tooth Decay/Cavity Prevention (2 treatments per tooth per year)	D4341, D4342, D4910, D1206, D1208, D1351, D1353, D1354, D1355	Gum disease puts you at greater risk to serious infection beyond the mouth, especially if your immune system is weakened from kidney disease. Treatment also helps prevent inflammation and transplant delays.
Organ Transplant	•Periodontal (Gum) Disease •Dry Mouth	Same benefits as Chronic Kidney Disease – listed above.	D4341, D4342, D4910, D1206, D1208, D1351, D1353, D1354, D1355	Anti-rejection medications make it harder to fight off bacteria, suppress the immune system and make the mouth lining more susceptible to sores. This can cause gum disease, dry mouth and ulcers.
Radiation for Head & Neck Cancers	•Dry Mouth •Tooth Decay/Cavities	Same benefits as Chronic Kidney Disease – listed above.	D4341, D4342, D4910, D1206, D1208, D1351, D1353, D1354, D1355	Radiation and chemotherapy for head and neck cancer kill cancerous cells, but they can also harm healthy cells in your mouth. This can lead to ulcers, dry mouth and jaw problems.
Rheumatoid Arthritis	•Periodontal (Gum) Disease •Tooth Decay/Cavities	Same benefits as Chronic Kidney Disease – listed above.	D4341, D4342, D4910, D1206, D1208, D1351, D1353, D1354, D1355	Autoimmune and inflammatory disease puts immune system at greater risk and causes inflammation, which is linked to gum disease.
Sjogren's Syndrome	•Dry Mouth •Tooth Decay/Cavities	Same benefits as Chronic Kidney Disease – listed above.	D4341, D4342, D4910, D1206, D1208, D1351, D1353, D1354, D1355	Autoimmune system can accidentally attack glands that make saliva. This can cause dry mouth and ulcers.
Lupus	•Tooth Decay/Cavities	Same benefits as Chronic Kidney Disease – listed above.	D4341, D4342, D4910, D1206, D1208, D1351, D1353, D1354, D1355	Increased likelihood of tooth decay/cavities.
Parkinson's Disease	•Poor Oral Hygiene •Tooth Decay/Cavities	Same benefits as Chronic Kidney Disease – listed above.	D4341, D4342, D4910, D1206, D1208, D1351, D1353, D1354, D1355	Difficulty moving causes increased likelihood of poor oral hygiene, resulting in tooth decay and cavities.
Amyotrophic Lateral Sclerosis (ALS)	•Periodontal (Gum) Disease •Tooth Decay/Cavities	Same benefits as Chronic Kidney Disease – listed above.	D4341, D4342, D4910, D1206, D1208, D1351, D1353, D1354, D1355	Increased difficulty moving can cause gum disease, tooth decay and cavities.
Huntington's Disease	•Periodontal (Gum) Disease •Tooth Decay/Cavities	Same benefits as Chronic Kidney Disease – listed above.	D4341, D4342, D4910, D1206, D1208, D1351, D1353, D1354, D1355	Increased likelihood of poor dental hygiene, gum disease, and tooth decay and cavities.
Opioid Misuse & Addiction	•Periodontal (Gum) Disease •Tooth Decay/Cavities	Same benefits as Chronic Kidney Disease, plus an Oral Evaluation (1 additional)	D0120, D0140, D0150, D4341, D4342, D4910, D1206, D1208, D1351, D1353, D1354, D1355	Increased likelihood of poor dental hygiene, gum disease, tooth decay and cavities, tooth loss and burning mouth.



* As an OHIP member, you will receive 1 free non-surgical whole mouth treatment (four quadrants) every 24 months. Most dental plans include this already. This deep cleaning is also referred to as "scaling and root planing" and is done to treat signs of gum disease.

** One free treatment; may already be included as part of your regular dental plan.

*** One free treatment per tooth every 36 months; may already be included as part of your regular dental plan.

Acceptance into the Cigna Dental Oral Health Integration Program does not guarantee coverage and is subject to the terms of your dental insurance policy or dental plan. All dental insurance policies and dental plans have exclusions and limitations. For costs and complete details of coverage, see your policy or plan documents.

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